

Post Communion Prayer

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever. **Amen.**

Said Eucharist - (The Eighth Sunday after Trinity—Aug. 2nd)

Collect for the Eighth Sunday after Trinity

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

A reading from the prophecy of Isaiah

Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you. *Isaiah 55.1-5*

This is the word of the Lord:

Thanks be to God

PLEASE TAKE THIS SHEET HOME WITH YOU

*Hear the Gospel of our Lord Jesus Christ according to
Matthew:*

Glory to you, O Lord

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children. *Matthew 14.13-21*

This is the Gospel of the Lord:

Praise to you, O Christ.

The response in our prayers of intercession today

Lord, we encounter your love,
in the breaking of the bread, and the pouring of the wine

Words of prayer as the Holy Table is cleared (90)

*Broken for me, broken for you,
the body of Jesus broken for you.*

He offered his body, he poured out his soul,
Jesus was broken that we might be whole:

Broken for me....

Come to my table and with me dine,
eat of my bread and drink of my wine:

Broken for me....

This is my body given for you,
eat it remembering I died for you:

Broken for me...

This is my blood I shed for you,
for your forgiveness, making you new:

Broken for me....